



2021 – 2022 Recreational Dance Schedule

Enrollment Opens July 1st

Monday			
Studio A	Studio B	Studio C	Studio D
5-7 year old Hip Hop 4:00 – 4:45	5-7 year old Tap/Ballet/Jazz 4:00 – 5:15	2&3 year old Tap/Ballet 4:00 – 4:45	Ballet 1 Recital 4:00 – 5:15
5&6 year old Ballet/Jazz 4:45 – 5:30		3&4 year old Tap/Ballet 4:45 – 5:30	
Adult Tap 6:30 – 7:30	Tap (ages 8-11) 5:30 – 6:30	Teen Jazz 7:15 – 8:15	Ballet 2 Technique* 6:00 – 7:15
	Jazz (ages 8-11) 6:30 – 7:30		
Ballet 4 Recital 8:15 – 9:30	Ballet 3 Recital 8:15 – 9:30	Teen Tap 8:30 – 9:30	Ballet 5 Recital 8:15 – 9:30
Tuesday			
Studio A	Studio B	Studio C	Studio D
Ballet 1 Technique* 4:00 – 5:30	Ballet 2 Recital 4:00 – 5:30	Creative Movement (ages 2-3) 4:00 – 4:30	3&4 year old Ballet/Jazz 4:00 – 4:45
	5-7 year old Jazz/Hip Hop 5:30 – 6:30	Pointe 1 4:30 – 5:30	Hip Hop (ages 7-10) 5:30 – 6:30
Acro 4* 6:30 – 7:30	Contemporary Lyrical (ages 8-11) 6:30 – 7:30	Ballet 3 Technique* 6:30 – 7:45	
		Acro 3* (ages 10+) 8:30 – 9:30	Teen Hip Hop 8:30 – 9:30
Wednesday			
Studio C	Studio D		
Beginner Stretch & Strength* (ages 7+) 4:00 – 4:45	Acro 1* (ages 4-6) 4:00 – 5:00		
Ballet (ages 7-11) 4:45 – 5:45			
7-9 year old Tap/Ballet/Jazz 5:45 – 7:00	Acro 2* (ages 7-10) 6:00 – 7:00		
Rec Hip Hop (ages 10-12) 7:00 – 8:00	Teen Ballet 7:00 – 8:00		
Ballet 4 Technique* 8:00 – 9:30	Teen Contemporary 8:00 – 9:00	Ballet 5 Technique* 8:00 – 9:30	

Thursday			
Studio A	Studio B		
Competition Team Rehearsal A	Petite Team Competition Team 4:00 – 5:00		
Pointe 2 5:00 – 6:00	Petite Team Competition Team 5:00 – 6:00		
Intermediate/Advanced Stretch & Strength* 7:30 – 8:15			
	Competition Team Rehearsal B		
Friday			
Studio C	Studio D		
Petite Team Competition Team 4:00 – 5:00			
Petite Team Competition Team 5:00 – 6:00			
	Foundations of Jumps & Turns Technique* (ages 5+) 6:00 – 6:45		
Saturday			
Studio A	Studio C	Studio D	
5&6 year old Tap/Ballet 10:00 – 11:00	2&3 year old Tap/Ballet 10:00 – 11:00	3&4 year old Tap/Ballet 10:00 – 11:00	
	Hip Hop (ages 4-6) 11:00 – 11:45		

- Recreational dancers enrolling into Ballet levels 2-5 must pass a placement exam
- Classes with a * indicates no recital routine

Questions? Email us!
eastcoastdancenj@gmail.com