



2022 – 2023 Recreational Dance Schedule

Enrollment Opens June 1st

Monday			
Studio A	Studio B	Studio C	Studio D
5-7 year old Hip Hop 4:00 – 4:45	5-7 year old Tap/Ballet/Jazz 4:00 – 5:15	2&3 year old Tap/Ballet 4:00 – 4:45	Competition Team
5&6 year old Ballet/Jazz 4:45 – 5:30		3&4 year old Tap/Ballet 5:00 – 5:45	
Ballet 1 Recital 5:30 – 6:30	Ballet 2 Technique* 5:15 – 6:30	7&8 year old Hip Hop 5:45 – 6:30	
Ballet 5 Technique* 6:30 – 7:45	Ballet 4 Technique* 6:30 – 7:45	Adult Tap 6:30 – 7:30	
Competition Team	Ballet 3 Technique* 7:45 – 9:15	Teen Jazz 7:30 – 8:30	
		Teen Tap 8:30 – 9:30	

Tuesday			
Studio A	Studio B	Studio C	Studio D
Ballet 3 Recital 4:00 – 5:15	Ballet 2 Recital 4:00 – 5:15	3&4 year old Hip Hop 4:00 – 4:45	Ballet 1 Technique* 4:00 – 5:15
		5-7 year old Hip Hop 4:45 – 5:30	
Competition Team	Contemporary (ages 8-11) 5:15 – 6:15	5-7 year old Ballet/Jazz 5:30 – 6:15	Pointe 2/3 5:15 – 6:15
Acro 3* 6:00 – 7:00	Hip Hop (ages 8-11) 6:15 – 7:15	Acro 1* (ages 5-9) 6:15 – 7:15	Competition Team
Acro 4* 7:00 – 8:00	Acro 2* (ages 8-11) 7:15 – 8:15	Teen Hip Hop 7:15 – 8:15	
Competition Team		Teen Contemporary 8:15 – 9:15	Open Level Stretch & Strength (ages 9+) 8:15 – 8:45

Wednesday			
Studio A	Studio B	Studio C	Studio D
Ballet 5 Recital 4:00 – 5:30	Ballet 4 Recital 4:00 – 5:30	3&4 year old Tap/Ballet 4:00 – 4:45	Petite Team Ballet 4:00 – 4:45 (Competition Team)
6&7 year old Lyrical/Jazz 5:30 – 6:15	Competition Team	Ballet (ages 8-11) 4:45 – 5:45	Petite Team Tap 4:45 – 5:30 (Competition Team)
Competition Team		Tap (ages 8-11) 5:45 – 6:45	Competition Team
		Jazz (ages 8-11) 6:45 – 7:45	
		Competition Team	

Thursday			
Studio A	Studio B	Studio C	Studio D
Pointe 1 4:00 – 5:00	Competition Team	Competition Team Rehearsal A 4:00 – 5:00	Petite Team Jazz 4:15 – 5:00 (Competition Team)
Competition Team		Competition Team	Petite Team Hip Hop 5:00 – 5:45 (Competition Team)
Competition Team Rehearsal C 8:00 – 9:00	Competition Team Rehearsal B 8:00 – 9:30		

Friday			
Studio A	Studio B	Studio C	Studio D
Competition Team Solo/Duo/Trio Rehearsals 3:40 – 6:00PM			

Saturday			
Studio A	Studio B	Studio C	Studio D
Competition Team Solo/Duo/Trio Rehearsals 8:00 – 10:00AM		2&3 year old Tap/Ballet 10:00 – 10:45	4&5 year old Tap/Ballet 10:00 – 10:45
Competition Team Production & Additional Group Rehearsals 10:00AM – 1:30PM		Hip Hop (ages 3-5) 10:45 – 11:30	5-7 year old Tap/Ballet 10:45 – 11:30
Competition Team Solo/Duo/Trio Rehearsals 1:30 – 2:30PM			

- Recreational dancers enrolling into Ballet levels 2-5 must pass a placement exam
- Classes with a * indicates no recital routine

Questions? Email us!
eastcoastdancenj@gmail.com