



2024 - 2025 Recreational Dance Schedule

Enrollment is Open!

www.eastcoastdancenj.com

Monday			
5-7 year old Ballet/Jazz 4:00 – 4:45	2&3 year old Tap/Ballet 4:00 – 4:45	4-6 year old Tap/Ballet 4:00 – 4:45	5-7 year old Tap/Ballet/Jazz 4:00 – 5:30
All Boys Hip Hop (ages 5-9) 4:45 – 5:30	4-6 year old Hip Hop 4:45 – 5:30	3&4 year old Tap/Ballet 4:45 – 5:30	
Adult Tap 6:30 – 7:30	7-9 year old Contemporary 5:30 – 6:15	Competition Team	
Competition Team	7-9 year old Hip Hop 6:15 – 7:00		
	Jazz (ages 11+) 7:30 – 8:30		
	Hip Hop (ages 11+) 8:30 – 9:30		

Tuesday

Tap (ages 8-11) 4:15 – 5:15	Acro 1* (ages 5-7) 4:00 – 4:45	Competition Team
	5-7 year old Ballet/Tap 4:45 – 5:30	
Ballet 1/2 5:15 – 6:15	5-7 year old Jazz/Hip Hop 5:30 – 6:15	Hip Hop (ages 7-10) 5:30 – 6:15
Jazz (ages 8-11) 6:15 – 7:15	Contemporary (ages 11+) 6:15 – 7:15	Competition Team
Acro 2* (ages 8-11) 7:15 – 8:15	Tap (ages 11+) 7:15 - 8:15	
Musical Theater (ages 9+) 8:15 – 9:00	Acro 3* (ages 11+) 8:15 – 9:15	

Wednesday

4&5 year old Tap/Ballet 4:45 – 5:30	2&3 year old Tap/Ballet 4:45 – 5:30	Competition Team
6-8 year old Jazz/Hip Hop 5:30 – 6:15	Competition Team	
6-8 year old Tap/Ballet 6:15 – 7:00	Hip Hop (ages 8-11) 6:15 – 7:15	
Competition Team	Contemporary (ages 8-11) 7:15 – 8:15	
	Stretch & Strength* (ages 8+) 8:15 – 8:45	

Thursday

Competition Team	Competition Tiny Team Tap/Ballet/Jazz (ages 3.5 – 5) 4:15 – 5:30	Competition Team

Friday

3&4 year old Tap/Ballet 4:00 – 4:45	Competition Team
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Saturday

Competition Team	4-6 year old Jazz/Hip Hop 9:15 – 10:00AM	2&3 year old Tap/Ballet 9:15 – 10:00AM
	2&3 year old Tap/Ballet 10:00 – 10:45	4-6 year old Tap/Ballet 10:00 – 10:45
	5-7 year old Tap/Ballet 10:45 – 11:30	

- Classes with a * indicates no recital routine.
- If interested in having your dancer join our Tiny or Petite Teams, please contact us!
- Questions? Email us! eastcoastdancenj@gmail.com