



# SUMMER 2023 DANCE LEVEL GUIDE

Please remember that the more your dancer trains, the better they become! To help schedule your returning competition dancer for SUMMER 2023, we have designed the following guidelines to help make registration easy. Please remember that dancers must train in their appropriate level to grow! Returning competitive dancers may not register into a higher level unless they have a Director's approval.

- Age Specific – Classes for dancers under age 7 are specified by age on our Summer Schedule
- Level 1 – Dancers ages 7-9, returning Petite Team members
- Level 2 – Dancers ages 9-12
- Level 3 – Dancers ages 13+

## **BALLET**

- Returning dancers are to take their ballet level from this past season
- Ballet levels do NOT coincide with the above levels
- We offer ballet evaluations for any new dancer unsure of ballet level, contact us!
- If new to the team, we require a ballet placement exam before being able to audition. Dancers ages 9+ must have at least one year of ballet the previous year to be eligible to audition.

## **POINTE**

- Please take the same level of Pointe you took this past dance season
- Dancers CAN take Pointe as the summer ballet requirement for team
- Dancers wanting to take pointe will be evaluated in their ballet class in the summer, to begin in the fall

## **ACRO**

- *Beginner* – ages 5-7, no experience, beginning tumbling, hand stands, cartwheel variations
- *Beginner/Intermediate* – ages 8+, front handsprings, front & back limber, beginning aerials
- *Intermediate/Advanced* – ages 13+, front and side aerials, standing back tucks, tumble passes

## **NEW PETITE TEAM MEMBERS**

- Please take any class that is listed for Beginner (ages 5-7 years old)

If your dancer is NEW to East Coast Dance Company and interested in our competitive team, please reach out to [eastcoastdancenj@gmail.com](mailto:eastcoastdancenj@gmail.com) for class placement and leveling!